

# How to have a pie fight

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## Equipment/ingredients (pie fight for 5)

- Aluminium pie pans (at least 20)
- Whipped cream (four cans to fill 20 pans, or 2 litres of thick cream, whipped)
- 1 litre prepared custard
- Other 'pie' decorations as desired (strawberries, choc chips etc)
- A change of clothes, towel etc. for each person, and close proximity to a shower
- Food to share for the debrief after

## Method

Prepare all the pies by filling the pans with cream and custard. The cream that comes from the can deflates very quickly so you will need to work fast. If you are keen, you can purchase or make real pies, but this is a waste of good food I think. Let's face it, the whole pie fight concept is not exactly a great gift to the environment.

Decide on some rules of engagement – how many pies each person will have, what is allowed or not, whether you will make it a contest etc. If you like, have no rules. Part of the fun is not knowing what will happen. It can be argued that the best pie fights are spontaneous and uncontrived, though it is hard to imagine how this might happen when you don't have a load of pies to hand.

It goes without saying that the more pies you have, the better the fight.

Once all the pies have been prepared, someone needs to start.

## Cleaning up

Have the fight outside unless you are insane. Everything that can't be hosed down needs to be moved away.

## Great for

- Birthday parties for young and old
- Group bonding sessions (ie: hens nights)
- People who have 'always wanted to do it, but never dared'.

Go on, release your inner slapstick!